

# My Eggs Are Aging... How Long Can I Wait To Get Pregnant?

**B**ecause a woman is born with all her eggs, they age along with her. What does this mean in practical terms? A woman's natural fertility diminishes exponentially as she ages. For example, a 23-year-old woman has a one-in-five, or 20% chance of getting pregnant each month. A 35-year-old woman has half that chance, or 12% each month. By age 42, a woman has a 5-in-100, or less than a 5% chance per month of conceiving naturally. So, if you are considering delaying conception, it's worth noting that your fertility is



not a tap that can be turned on and off at will. If the time is right for you, don't put off having a baby. If, however, the time is not yet right, some assisted reproductive technologies have the ability to improve these odds for many women. For more information about

reproductive aging and other infertility issues, please visit our website: [www.itstime.ca](http://www.itstime.ca). Or call us at **416-506-0804**.



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**WHAT IS INFERTILITY?** Infertility is frequently defined as the inability of a couple to conceive and, subsequently, for a woman to carry a pregnancy to term, after six months to one year of unprotected intercourse. In 90 per cent of cases there is a specific cause for infertility that can be diagnosed and successfully treated.

For answers to your individual situation always consult a physician experienced in treating infertility.